

Introduction	1 min
Starter	3 mins
Discussion	4 mins
Teaching	2 mins
Activities	40 mins
Plenary	5 mins

Key Words:

- Prayer
 - Reflection
 - God
 - Symbol
 - Faith
-

By the end of this session, pupils will be able to:

- Describe why and how some people pray.
- Explain how symbols and rituals might help people to reflect on their own lives and the wider world.
- Explore how they might learn from the practice of prayer, whatever their own beliefs.

I am...

I am here from...

The reason I am here is...



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Discuss in pairs:



What is prayer – can you form a simple definition?



Think of 3 situations in which someone - whether religious or not - might pray



How might someone pray? Think about location, posture, rituals, symbols...

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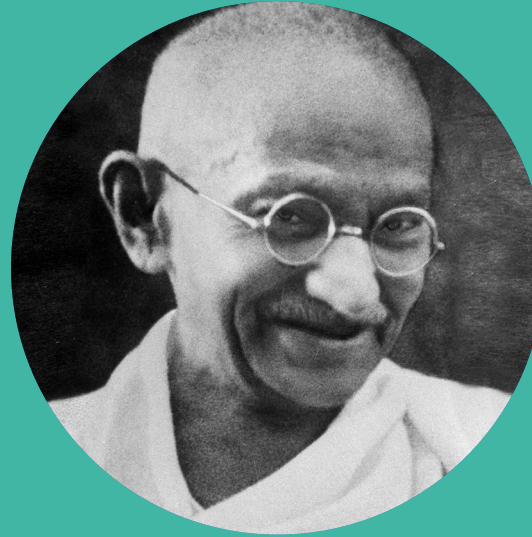
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“Prayer is not an old woman’s **idle amusement**. Properly understood and applied, it is the **most potent instrument of action**.”

Mahatma Gandhi



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Exploring prayer / reflection space

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Welcome Back!



Which activity did you find most helpful and why?



Which activity did you find most challenging and why?



Would you describe prayer differently now that you have used the prayer space?



If prayer formed a regular part of a person's life, what might be the impact on them and on their daily life?